

The Trust makes a difference... A major part of our work is to produce expert reports which establish nutritional and practical guidelines to help people eat well, including vulnerable groups such as the under 5's, looked after children and older people.

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The Trust brings people together... Every year the Caroline Walker lecture is given by a leading figure in the field of food or public health. The Caroline Walker Awards are presented for outstanding contributions to health through good food.

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With your support in the future ... We will continue to fill the gaps in nutrition standards and promote debate in this important area. Whether you make a donation or a legacy, you can help us to foster change in the right places so that the nation's health can be improved by means of good food.

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Please consider leaving the Trust a Legacy in your Will.

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The Caroline Walker Trust

improving public health through good food

22 Kindersley Way, Abbots Langley, Hertfordshire, WD5 0DQ

www.cwt.org.uk
Registered Charity 328580

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The Caroline Walker Trust was founded in 1988 after the death of the distinguished nutritionist, writer and campaigner, Caroline Walker.

We continue her work.

Our funds come solely from grants and contributions.



Your support will allow our work to carry on ...

Please help us to continue by:

- ✓ Making a regular donation
- ✓ Giving a one off gift donation
- ✓ Leaving us a legacy in your will

