

## I want to help The Caroline Walker Trust

Please complete the form in BLOCK CAPITALS

### **I would like to donate a regular monthly sum by Standing Order:**

To the Manager

Name of bank: .....

Address of bank: .....

..... Postcode: .....

Account no: ..... Sort code: .....

I'd like to give:

£3 a month  £5 a month  Other £.....(min £2)

Starting from (day/month): ..... / .....

Signature: ..... Date: .....

### **I would like to make a one off gift:**

Please make cheque/postal order payable to The Caroline Walker Trust

£100  £50  £25  £15  Other £.....

### **Please complete your details:**

Title: ..... Forename(s) .....

Surname: .....

Address: .....

..... Postcode: .....

Please add me to your mailing list

My email address is: .....

**Signature:** ..... **Date:** .....

Please return this form to the address overleaf. DO NOT send to your bank.

## Supporting The Caroline Walker Trust

Whether you make us a donation or a legacy, you can help us ensure that an independent public health nutrition voice remains to challenge and improve public health by means of good food.

### **Making a regular donation**

If you can spare even a couple of pounds a month, you can make a regular contribution by setting up a standing order. You can cancel a standing order at any time by notifying us or your bank/building society.

### **Giving us a one off gift donation**

A one off gift will help us continue to fill the gaps in nutritional standards and promote debate in this important area. You can send us a cheque or postal order.

### **Leaving the Trust a Legacy in your Will**

#### **I would like The Caroline Walker Trust to treat...**

all donations I have made for the six years prior to this year, and all donations I make from the date of this declaration until I notify you otherwise, as Gift Aid donations.

**You must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax that the charity reclaims on your donations in the appropriate year.**

## The Caroline Walker Trust

*improving public health through good food*

A major part of our work is to establish and promote nutritional and practical guidelines to ensure that everyone in society can be enabled to eat well. Without clear nutritional standards, the inequalities in health seen amongst the most vulnerable in society will continue to rise.

*With increasing pressure on public finances, the need for our work has never been greater.*

- under 5s
- looked after children
- older adults & adults with dementia
- children & adults with learning disabilities



Our funds come solely from project grants and charitable donations

### **Please help us to continue our vital work by:**

- Making a regular donation
- Giving a one off gift donation
- Leaving us a legacy in your will